



Workplace Health Leadership Group
Northern Ireland



CONFERENCE

Managing Workplace Health: *Fit for Purpose*

20th & 21st November 2019



Venue:
La Mon Hotel
41 Gransha Road,
Castlereagh,
Belfast,
BT23 5RF

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Some of the Highlights

- Can work really cause cancer?
- Managing employees who have been involved/witnessed workplace trauma
- Welding fumes - hazards and controls
- A journey of culture change following an employee's tragic suicide
- Ageing, musculoskeletal health and work

PLUS *much, much more*.....



A word from our Chair.....

Your staff are a key business asset and essential to productivity and profitability.

Research shows that good health is good for business and better workplaces have better financial results.

Analysis also indicates that the longer people are off sick, the less likely they are to make a successful return to work. After six months absence from work, there is only a 50% chance of someone making a successful return.

By creating a positive, safe and healthy environment for employees, you can increase morale, improve your employees' work-life balance and, in turn, positively impact your business.

Yet many organisations find this a major challenge. There is a myriad of reasons for this including –

- a lack of understanding of the benefits of tackling this issue;
- a failure to see employee health as a priority against other operational demands;
- a reactive approach to implementing health policies rather than focusing on prevention;
- a poor evidence base to measure the return on investment of any programmes;
- and a lack of best practice examples to promote improvements.

This Conference aims to provide attendees with solutions to the five obstacles mentioned above.

Running in both plenary and workshop format and with a host of interactive exhibitors the event will bring together experts from a variety of workplace health disciplines keen to impart their knowledge to educate and inform you about not only the latest trends in workplace health but how to go about building a 'healthy' working culture.

Day 2 builds up to an afternoon session of case studies showing successful interventions by organisations who have witnessed big improvements in workplace health Return on Investment.

Following on from the highly successful inaugural conference in March 2018 this is one not to be missed and I look forward to welcoming you at it.

Wilson Lambe, MBE, CFIOSH
Chair, Workplace Health Leadership Group NI

Who Should attend.....



Health & Wellbeing Professionals



Health & Safety Practitioners



Occupational Health Professionals



Occupational Hygiene Specialists



Mental Health Practitioners



HR Department Personnel



SHEQ Consultants



Health champions



Safety Reps



Counsellors Therapists

and will interest a range of job titles from Senior/Middle/Frontline Management to Consultants, Specialists and Safety Reps

PROGRAMME - Day 1 (Ballygowan Suite unless otherwise stated)

8.30 - Registration/Workshops/exhibitors

9.15 - Housekeeping/Opening address

Ronan Kelly, facilitator/ Robert Kidd, Chief Executive, HSENI

9.30 - Work related ill health. What's the problem and where is the solution?

Prof. David Fishwick, Chief Medical Adviser to HSE GB and HSENI

The robust case for improving workplace ill health

10.00 - Occupational Cancers: Is your job making you ill?

Dr. Steve Forman, Principal Medical Adviser, Occupational Health Physician, HSE

An overview of three increased risk work activities

10.30 - Tea/coffee break & exhibition

11.00 - Chronic lung disease - a Northern Ireland perspective

Dr. Paul McKeagney, Consultant Respiratory Physician, Belfast City Hospital

An overview of the most prevalent occupational lung diseases

11.30 - Preventing work-related ill-health - A respiratory surveillance focus

Jade Sumner, Scientist, HSL/Alison Codling, OH Nurse Specialist, HSE/Prof. David Fishwick, CMO, HSE

Managing and undertaking Respiratory Workplace Health Surveillance

12.00 - Move rooms - you choose your seminar

12.10 - **Welding fumes** *Scott Ates Blakelock, Welding Application Engineer, 3M* Ballygowan Suite

The role of the Occupational Hygienist *John Dobbie, Group Industrial Hygiene Director, BP/President, BOHS* Riverview Suite

Effective dust exposure in quarries *Ken Logan, Principal Health & Safety Inspector, HSENI* Glen Suite

12.45 - Split lunch/workshops/exhibition including the following workshops

12.45 - **Local Exhaust Ventilation'** *Dean Cross, Evette Boyes, Morgan Naylor, HSENI Scientific Services* Ballygowan Suite

13.10 - **Health Surveillance (Q & A)** *Jade Sumner, Scientist, HSL/Alison Codling, OH Nurse, HSE & Heather Cunningham, Specialist Inspector - OH, HSE* Riverview Suite

13.35 - **Face fit testing** *Stephen Clegg, Personal Safety Division, 3M* Glen 1 & 2

12.45 - **Talk to the hygienists** *John Dobbie, Industrial Hygiene Director, BP/President, BOHS & Marian Molloy, Principal Specialist Inspector, HSE* Glen 3 & 4

12.45 - **Needs assessing for occupational health** *Claire McGuirk, Occupational Health Advisor, Health Matters* Glen 5 & 6

All day **Get checked out - Drop in clinic** *Nurse led clinic provided by the 3 PHA Workplace H & W Service Providers* Glen Suite

14.15 - Musculoskeletal Disorders (MSDs).....What are they and why such a problem?

Chris Quarrie, Specialist Inspector in Human Factors & Ergonomist, HSE

& Matt Birtles, Principal Ergonomist, HSE

Why MSDs are a cause for concern, a framework to assess and address risks, the relevance of psychosocial factors in the development of MSDs and factoring them into the risk assessment process

15.25 - Ageing workforce research

Prof. Karen Walker-Bone, Director, Arthritis Research UK/MRC Centre for Musculoskeletal Health & Work

"Age shall not weary them" - working for ever?

16.00 - Summing up the day- Wilson Lambe, Chair, WHLGNI

16.15 - Close

PROGRAMME - Day 2 (Ballygowan Suite unless otherwise stated)

8.30 - Registration/Workshops/exhibitors

9.15 - Housekeeping/Opening address

Lynda Bryans, facilitator / Dr Michael McBride, Chief Medical Officer, Dept. Of Health

9.30 - "Depression is not forever"

Lynda Bryans, Lecturer, Belfast Metropolitan College and advocate for mental health.

Lynda's journey back to the surface

10.00 - Resilience inside out

Gerry Kelly, Chief Executive, NICSSA Sport & Leisure

Building and developing a resilient self and workforce

10.30 - Tea/coffee break & exhibition

11.00 - Tackling Workplace Stress...

Claire Kelly, Mental Wellbeing at Work Advisor, HSENI

The HSE Management Standards - A step by step approach

11.30 - Changing your organisation's culture

Nicola Hodgkinson, Business Services Director, Seddon Construction Ltd

Case study - An organisation's cultural change following an employee's tragic suicide

Understanding & Supporting People Exposed to Psychological Trauma

12.00 - Dr Michael Patterson, Consultant Clinical Psychologist, TMR Health Professionals

Signs, symptoms and what you can do to help

12.45 - Split lunch/workshops/exhibition including the following workshops

12.45 - Lunchtime energy dip? Viv McKinnon, Founder, Hydro-ease Ballygowan Suite

- 13.10 Your Laughter Yoga fix

13.10 - Mental Health First Aid - Catherine Downey - Lead Health & Riverview Suite

- 13.35 what's it all about Wellbeing Coordinator, Health Matters

13.35 - Employee fatigue Dr. Jonny Bloomfield, MD, Glen 1 & 2

- 14.00 versus wellness Support2 perform

12.45 - Needs assessing for Claire McGuirk, Occupational Health Glen 3 & 4

- 14.00 occupational health Advisor, Health Matters

13.35 - Employee debt: Scott Kennerley, Financial Policy Director, Glen 5 & 6

- 14.00 an employer's guide The Consumer Council Northern Ireland.

All day Get checked out - Nurse led health clinic provided by the 3 Glen Suite

Drop in clinic PHA Workplace Health and Wellbeing

Service Providers

14.15 - Wellbeing support for small and medium sized enterprises

Janet Calvert, Health and Social Wellbeing Improvement Manager at Public Health Agency NI

Case studies on supporting wellbeing at work in the SME sector

15.00 - Taking a holistic approach - what works and what doesn't

Biddy O'Neill, National Project Lead, Health and Wellbeing Programme, DoH, Ireland

Milestones in developing a Healthy Workplace Framework and the challenges faced

15.30 - Managing a proactively structured occupational health programme

Andrew Cooke, Group SHE Director, GRAHAM

Case study by the 2018 winner of the NISG/NISO All Ireland Occupational Health Award

16.00 - Summing up the day- Wilson Lambe, Chair, WHLGNi

16.15 - Close

"The conference programme is designed to feature real-life situations which we confront in our day-to-day work and to educate and inform attendees how best to prepare for these situations in a pro-active and knowledgeable manner".

Check out the Early Bird Booking Discount offer on the back page

What to expect.....

Designed by and for Occupational Health & Safety professionals the conference delivers a programme which is relevant, thought provoking and educational.

It addresses situations that confront us on a daily basis, it offers new ideas and theories to be considered and it offers attendees an opportunity to have their say, all in a relaxed setting which encourages informal discussions.

The development of new working relationships, professional connections and support networks will be actively encouraged and attendees are encouraged to discuss and report on their own experiences with like-minded professionals.



The speakers were chosen as they are the leading professionals in their fields or have knowledge of practical and successful workplace health initiatives which will be invaluable to attendees.

Rest assured they have the very latest information at their fingertips and the understanding to assist attendees deliver positive workplace health outcomes in their organisations.

CONFERENCE



Don't miss anything, bring your team

Who are the Workplace Health Leadership Group NI ?.....

Find out at

www.whlgni.org.uk



Workplace Health Leadership Group
Northern Ireland

Why attend

Join us to:-

- Hear over 30 expert speakers share their experience, knowledge and insights.
- Participate in 15+ hours of thought provoking debate, case studies, keynote addresses, workshops all geared to equip you with the skills and insights necessary to work on workplace health
- Build your network - benchmark, debate and learn from the best minds in workplace health
- See the latest trends/best practices
- View case studies that have delivered results
- Demonstrate your organisation's leadership & commitment to workplace health
- Earn valuable CPD points.

The Conference aims to ensure delegates walk away with practical strategies to transform their workplace health action plans.

The Speakers - Day 1



Robert Kidd,
Chief Executive,
HSENI



David Fishwick
Chief Medical Adviser
to HSE GB and HSENI



Dr. Steve Forman,
Principal Medical
Adviser, HSE



Dr. Paul McKeagney,
Consultant Respiratory
Physician, BCH



Jade Sumner,
Research Scientist, Centre
for Workplace Health



Alison Codling,
OH Nurse,
HSE



Scott Atess Blakelock
Welding Application
Engineer, 3M



John Dobbie,
Group Industrial Hygiene
Director BP/President, BOHS



Ken Logan,
Principal Inspector,
HSENI



Christopher Quarrie ,
Specialist Inspector (Human
Factors & Ergonomics), HSE



Matt Birtles,
Principal Ergonomist,
HSE



Prof. Karen Walker-Bone,
Director,
Arthritis Research UK/MRC

Full speaker bios can be found at whlgni.org.uk/Conference/Speakers

The Speakers - Day 2



Michael McBride
Chief Medical Officer
Dept. Of Health



Lynda Bryans,
Lecturer, Belfast
Metropolitan College



Gerry Kelly,
Chief Executive, NICSSA
Sport & Leisure



Clare Kelly,
Mental Wellbeing at Work
Advisor, HSENI



Nicola Hodgkinson,
Director:Business Services,
Seddon Construction Ltd



Dr Michael Patterson,
CEO, Trauma Management
and Recovery



Janet Calvert,
Health & Social Wellbeing
Improvement Manager,PHA



Biddy O'Neill,
National Project Lead,
H & W Programme, DoH



Andrew Cooke,
Group SHE Director,
GRAHAM

Conference Chair



Wilson Lambe
Chair, WHLGNI

Conference Facilitators



Ronan Kelly & Lynda Bryans

Both facilitators have extensive media experience and both are very supportive of workplace health.

Full speaker bios can be found at whlgni.org.uk/Conference/Speakers

Conference details, costs and booking.....

Venue: La Mon Hotel, 41 Gransha Road, Castlereagh, Belfast, BT23 5RF
(FREE car parking at the venue)

Bookings are made using the NI Safety Group website

DELEGATE COSTS

	*Member of a Partner organisation	Non Member
First day (20 th Nov)	£125.00 + VAT per person	£145.00 + VAT per person
Second Day (21 st Nov)	£125.00 + VAT per person	£145.00 + VAT per person
Both Days	£230.00 + VAT per person	£270.00 + VAT per person

EARLY BIRD booking discount

Book and pay

Before **1st November** and receive
20% discount

Daily Rate	
Member	Non Member
Daily Discounted rate	Daily Discounted rate
£100.00 + VAT per person per day	£116.00 + VAT per person per day
Full Conference	
Member	Non Member
£184.00 + VAT per person	£216.00 + VAT per person

BOOKING

Complete the application for the Conference by clicking on the following link to the booking form:-

whlgni.org.uk/Conference

Or email contact@whlgni.org.uk

to obtain a pdf copy application form.

All bookings and payments are administered through the NI Safety Group.

Payment Methods:-

PO Number (bacs)/Cheque/Credit Card (indicate which on booking form)

Conference places can be cancelled up to 3 working days before the event.

Any bookings not cancelled will be invoiced in full

* **Partner organisations:-**

NI Safety Group, IOSH, BuildHealth, BOHS, HSENI/Local Councils, PHA

The Conference organisers would like to thank the generosity shown by the sponsoring and supporting organisations without whose help this Conference would not have been possible.



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